

LODGE ROCHE TAMARIN & SPA VILLAGE NATURE

# The Spa

## *Body Harmonie*

CARE CARD



LODGE

*Roche Tamarin & Spa*

VILLAGE NATURE

## *"Unique Spa in Réunion"*

**Unique Spa in Reunion Island,  
labeled 'SPA DE FRANCE'**

**Body Harmonie offers you a  
unique setting where you can  
take a break in time and where  
well-being rhymes with NATURE.**

*The Lodge Roche Tamarin and its  
Spa are part of the ecotourism  
movement by taking a small place  
in nature while respecting its  
biosphere and its ecosystem.*

*"Certified ECO LABEL since May  
2018, the Lodge is committed to an  
environmental approach favoring  
ecology and economy in its daily  
protocols.»*

# *Schedule :*

**From Monday to Sunday  
from 10 a.m. to 6 p.m.  
*Closed on Tuesdays***

**Access :  
by reservation only**

**0262 44 66 80**

## *Useful information :*

- *We encourage you to arrive 15 minutes prior to your treatment.*
- *In case of delay and in order not to disturb the other planned treatments, the duration of your treatment may be shortened in accordance with our protocols or canceled without adjustment in the price.*
- *The treatment times indicated are estimates and include undressing/dressing.*
- *For your comfort and safety, please advise us of any medical problems or contraindications.*
- *Our packages cannot be modified and are nominative.*
- *Our massages are relaxation and well-being treatments and have no therapeutic aims and are non-medical. They are dispensed by a team of qualified professionals.*
- *Access to the Aquazen is reserved for over 18s only.*
- *Access to care is reserved for those over 16 (the minor must be accompanied by an adult throughout the duration of the care).*
- *No care are provided prior to 3 months of pregnancy.*
- *50% of your treatment's cost are payable while confirming your appointment and the balance payable the same day at the Spa reception directly.*
- *For hotel's residents, the treatment bill may be transferred to the room.*
- *Gift vouchers are available directly online @ [www.villagenature.com](http://www.villagenature.com).*
- *Treatment categories and prices can be modified without notification at any time.*
- *The DIADABOX gift box is neither exchangeable, nor modifiable, nor refundable outside the dates of validity and under certain conditions. The box is valid for 6 months from the date of issue.*



# SPA MENU

## THE AQUAZEN SPACE:

*flotation pool, hammam, exotic wood sauna, infrared sauna, whirlpool baths*  
 Forbidden to any minor even accompanied by an adult

ACCESS 60 MINUTES **35€**

ACCESS 120 MINUTES **55€**

\* 10€ per additional hour, for an initial access of 2 hours.

## MODELINGS:

FACE AND SCALP MASSAGE **50MIN/90€**

Massage combining different techniques to smooth the features, boost-up microcirculation, plump-up while promoting relaxation.

TAILOR-MADE MASSAGE **30MIN/65€ 60MIN/110€ 1H30/160€**

A tailor-made massage by choosing from different textures to personalize with the sensory escape of your choice .

BODY HARMONIE **75MIN/115€**

Intense and very complete, our signature massage offers you a mixture of Balinese, Shiatsu and Thai techniques, based on the energy meridians' work.

LOMI-LOMI **75MIN/115€**

Inspired by the Hawaiian shamanic tradition, this massage is performed with the forearms resembling a dance of deep and powerful maneuvers, like an endless wave. An incredible feeling of energy and muscle relaxation.

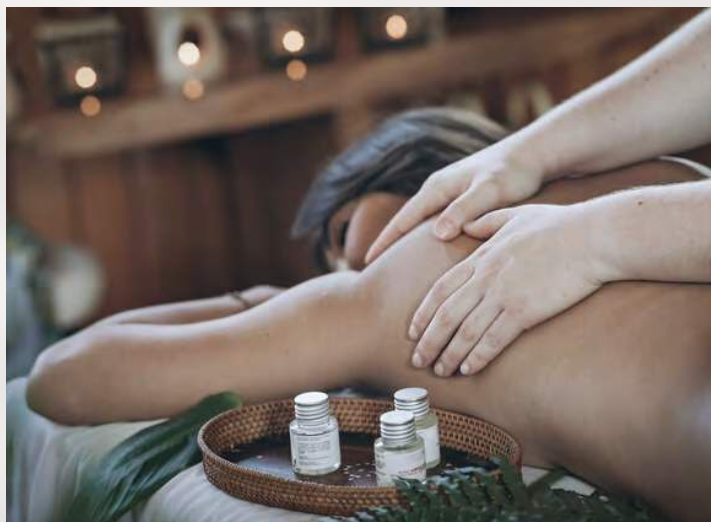
MOTHER TO BE **60MIN/95€**

An intimate and sensory moment to share with baby from the fourth month of pregnancy. Made with neutral oil, this enveloping and gentle effleurage covers the whole body to provide deep relaxation.

HOT STONE MASSAGE **75MIN/130€**

A hot stone massage that gives you warmth and muscle relaxation to ground you and rebalance you.

## OUR “SOTHYS” BODY RITUALS



### ANCESTRAL INDONESIA BODY RITUAL MASSAGE

**60MIN/120€**

#### ENERGY BODY WITH BREATHING RITUAL :

An original treatment protocol inspired by ancestral Indonesian beauty rituals to provide powerful well-being for body and soul through a rebalancing of energies.

An exotic treatment combining global body massage and breathing ritual between you and beautician. .

### HANAKASUMI EXFOLIATION RITUAL AND MASSAGE

**60MIN/120€**

#### INSPIRED BY FOOT REFLEXOLOGY :

A unique Japanese-inspired protocol : Exfoliation with gloves, massage of the whole body and massage of the feet in a rejuvenating and nourishing ritual with air notes.

## CHOOSE YOUR BODY RITUAL WITH OUR TAILOR-MADE TREATMENT :

### BODY SCRUB

**30 MIN/60€**

Tonifying scrub combining sea salts and sugars to harmonize with a sensory escape of your choice.

### BODY WRAP

**30 MIN/60€**

Moisturizing/nourishing wrap applied warm to the skin with the sensory escape of your choice .

SCRUB + MASSAGE		SCRUB + WRAP		MASSAGE + WRAP	
1h	110€	1h	110€	1h	110€

SCRUB + MASSAGE		SCRUB + MASSAGE + WRAP	
1h30	160€	1h30	160€

## “SOTHYS” FACIAL TREATMENTS

### BOOST FACIAL TREATMENT

**30MIN/45€**

Choose a scrub or mask based on your skin's needs.

### ESSENTIAL CARE

**60 MIN/ 90€**

Adapted to the skin's need, the basic treatment is a tailor-made maintenance treatment.

### ORGANIC CARE

**60 MIN /90€**

Face care with a fresh fragrance to revitalize the skin and gives it a boost-up. Sothys organics ( T M ) certified organic, face care to restore softness and vitality .

scalp massage option during the mask break to include in your 60-minute treatment\*

**15€**

*\*for basic care and organic care*



## OUR PACKAGES :

### DISCOVERY PACKAGE

ALONE OR DUO

60 MINUTES OF SPA ACCESS +  
30 MINUTES OF TAILOR-MADE  
MASSAGE

**85€/ PERSON**

### RELAXATION FORMULA

ALONE OR DUO

60 MINUTES OF SPA ACCESS +  
30 MINUTES MASSAGE + BODY  
WRAP WITH SCALP MASSAGE

**€130/PERSON**

### FORMULA 1 HALF DAY RELAXATION

2 HOUR ACCESS TO THE SPA +  
EXFOLIATION BODY RITUAL +  
30 MINUTES MASSAGE + BODY  
WRAP

**195€/ PERSON**

### OUR DUO BUBBLE

2 HOUR ACCESS TO THE SPA +  
1 HOUR MASSAGE + BODY WRAP

**390€**

### MOTHER TO BE

1 HOUR IN OUR POOL AREA +  
30 MINUTES MASSAGE +  
BODY WRAP

**130€**

## THE INSTITUTE CORNER:

BEAUTY OF THE HANDS OR FEET

1H15 /75€

### WAXING :

EYEBROW LINE CREATION	15€
EYEBROW MAINTENANCE	10€
LIP OR CHIN	10€
ARMPITS	20€
ARMS	20€
HALF LEGS	20€
WHOLE LEGS	25€
SINGLE JERSEY	15€
NOTCHED JERSEY	25€
FULL SUIT	35€

### PACKAGES :

EYEBROWS + LIPS	18€
HALF-LEGS + ARMPITS + SINGLE JERSEY	39€
WHOLE LEGS + ARMPITS	40€
HALF-LEGS + ARMPITS + NOTCHED JERSEY	45€
FULL LEGS + ARMPITS + SINGLE JERSEY	45€
FULL LEGS + ARMPITS + NOTCHED JERSEY	50€
FULL LEGS + ARMPITS + FULL BIKINI	58€



**RESERVATIONS  
ONLY AT**

**0262 44 66 80**

**SEE YOU SOON**



**LODGE**

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